



A note from our Director of Operations, Yvette Staggs:

This holiday season, SequoiaSD is so grateful to have you as a part of our FMS family! Whether you are a participant or representative, vendor, or coordinator, we appreciate your partnership.

Before we head into the new year, let's look at our past. Since our soft launch in late May 2023, we have had the privilege of serving 52 people in their self-determination journey with many more ready to begin 2024 as self-determined.

In today's email:

- **AARP Releases 2023 LTSS State Scorecard**
- **CDC Reminders for COVID-19 and Flu Vaccines**
- **Updates to Guidance on Goods & Services**
- **Updates to Guidance on Remote Services**
- **Meet a SequoiaSD Team Member**

AARP Releases 2023 LTSS State Scorecard



AARP recently released its 2023 Long Term Services and Supports (LTSS) Scorecard. The Scorecard helps create interest and investment in LTSS by effectively measuring each state's supports and services. It also identifies areas of improvement that directly affect consumers and their families. By ranking states amongst one another, the report aims to motivate each state to improve their LTSS services.

[Read More](#)

CDC Reminders for COVID-19 & Flu Vaccines

As cold and flu season gears up, the CDC has issued reminders to receive your COVID-19 and influenza vaccinations. It is recommended by the CDC to receive an up-to-date COVID-19 vaccine for anyone five and older. Additionally, anyone six months or older should receive a flu vaccine once a year. [Read More](#)

Updates to Guidance on Goods & Services

The Department of Developmental Services updated its guidelines on the use of goods and services in the Self-Determination Program (SDP) to determine cost and service designations in an SDP budget... [Find Out More](#)

Updates to Guidance on Remote Services

The Department of Developmental Services has new guidance for remote services in the Self-Determination Program (SDP). [Learn More](#)



Did You Know?

Did you know that every link you will need to navigate your SDP program with SequoiaSD can be found on our website? [Click and learn!](#)



Quarterly Reader Poll

We want to hear from you. Please let us know what topics are important to you.

Local News and Information

Team Member Introductions

Participant Stories

National News and Information

Important Dates and Upcoming Deadlines



Meet Maggie Perez



Favorite Quote

"Everything happens for a reason."

Five Things to Know About Maggie

What is Maggie's role at SequoiaSD?

Maggie is a new enrollment coordinator.

What does Maggie like most about working at SequoiaSD?

Maggie enjoys her new coworkers and providing input into the enrollment and decision-making process.

What inspires Maggie to help others?

Maggie's previous experience as a respite worker for children with autism inspired her to work in self-determination.

At Sequoia, Maggie is motivated to help others by advocating for those with developmental disabilities and learning more about what she can do to help others.

What are Maggie's interests outside of work? Maggie enjoys photography, which allows her to explore new places and experience the world around her.



SequoiaSD

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